



## Julie Clark Biography

Julie Clark is an award-winning author, professional speaker, life fulfillment and success coach and beloved founder of The Inspirational Coffee Club®. She is becoming America's most invigorating coffee break companion, empowering women to live each day to the fullest. Julie has been studying, speaking, writing and teaching self-improvement for years. She is a fun-loving, inspiring coffee-lover who never stops learning and never stops teaching others how to get every last drop out of each and every day. Julie has been described as a blend of heart, humor and hope.

Julie knew from an early age that coffee was far more than just a drink to her. At 3 years old, she started drinking coffee and dunking sugar cookies with her Norwegian Grandma, and since then, she has never missed a day without coffee. She's developed a creative way to blend her passion for personal growth and love for coffee. Today, through her Inspirational Coffee Club®, Julie shares one-of-a-kind strategies (what she calls 'Ground Rules') that teach others how to pour their hearts into a life that overflows with fulfillment. Julie's Ground Rules for Life© are a reflection of her own journey along with the wisdom and knowledge of other personal growth experts she's received over the years.

Julie's first book, *Inspirational Coffee Breaks for Women: 12 Ground Rules for Pouring Your Heart into Life* was released in November 2010, and it did not take long for it to capture the hearts of readers across the country. It became an **Amazon.com best-seller** and was named a finalist in the prestigious **National Best Books 2010 Awards** from USA Book News which honors the most outstanding books in the self-improvement genre. It also received the **2011 National Indie Excellence Award** recognizing the "best of the best" in book publishing. She has also been honored with the **Young Women of Excellence Award** from the Sales & Marketing Executives, Inc. of Sioux Falls, South Dakota, given to celebrate women who influence the lives of other women with their integrity and accomplishments.

Julie reaches people well beyond her book, being a popular keynote speaker, seminar/workshop trainer, and life coach. Julie's unique, simple and practical formula for success is helping women create the extraordinary lives they've always wanted. She enjoys creating products and programs to help improve women's lives.

Julie loves to read, laugh, take coffee breaks, visit new coffee shops, bake and sample sweets to accompany her coffee habit, and watch the sunrise over her morning cup of coffee. She resides in Sioux Falls, South Dakota.