



## Julie Clark Introduction

As Founder of the delightfully invigorating Inspirational Coffee Club, Julie Clark knows what it takes to savor life to the fullest. Julie is an award-winning author, professional speaker, life fulfillment and success coach and admitted coffee addict.

Julie knew from an early age that coffee was far more than just a drink to her. At 3 years old, she started drinking coffee and dunking cookies with her Grandma, and since then, she has never missed a day without coffee. Julie found a creative way to put her addition to good use. Today, through The Inspirational Coffee Club, she shares one-of-a-kind strategies—what she calls ‘**Ground Rules**’—that teach others how to create more success, happiness and joy.

She is the author of the award-winning book: *Inspirational Coffee Breaks for Women: 12 Ground Rules for Pouring Your Heart into Life*. It was named a finalist in the **National Best Books of 2010 Awards** from USA Book News and won the **2011 National Indie Excellence Award** recognizing the “best of the best” in book publishing. She has also been honored with the **Young Woman of Excellence Award** from the Sales & Marketing Executives, given to celebrate women who influence the lives of other women with their integrity and accomplishments.

Julie is a fun-loving, inspiring coffee-lover who loves to laugh, loves to encourage and loves to teach others how to get every last drop out of each and every day.

Please join me in giving a warm welcome to Julie Clark.